

HELP REDUCE RISKY DRIVING AMONG YOUNG ADULTS?

PARENTS AND CARERS HAVE A STRONG POSITIVE INFLUENCE ON THE DRIVING CHOICES OF YOUNG ADULTS

Here are some tips on how you can encourage your children and their peers to be more road safe:

Have a positive conversation about driving violence and how it can be avoided!
Did you know roughly 80% of P-platers in Australia reported engaging in some form of risky driving on at least 1 of their most recent 10 trips?

This number can be reduced with the help of parents/carers.

Talk through key rules and ideas for handling situations where they are at risk of driving violence.

Discussion points might include:

- Discuss delaying your young person getting their license.
- Restrict access to the vehicle, discussing times and usage.
ie: after a certain time at night.
- Delaying the Young person obtaining their own car
(studies show that a young person is less likely to have an accident in the family car or a car that does not belong to them)
- Discuss limits on passenger numbers.
- Encourage them not to drive in poor weather conditions
- Ask them to always let you know where they are travelling to and from
(make the app "Life 360" or similar a pre-requisite to accessing a vehicle)
- Practice safe driving skills with you
- Discuss what they would do to get out of a dangerous situation (e.g., tell the driver you are about to vomit, If a driver is angry and acting so, ask the driver to pull over, take a 10 min break, say you need to use the bathroom. Call out risky driving behaviour
- Jointly set up a parent-young person driving agreement and include what they would do to avoid being in a high-risk situation or at risk of driving violence.

